

Getting Ready for Colors: RED

Suggested Books:

What color is Love? By Joan Walsh Anglund
My slippers are red by Charlotte Steiner
Little Blue and Little Yellow by Leo Lionni
Red is for Apples by Beth Hoffman
Red Light, Green Light by Golden, McDonald

Songs and finger plays:

Color Fun by JoAnne Deal Hicks

Let's munch an apple red,
let's wear a red hat on our head.
Let's smell a red rose,
let's wrinkle our nose,
oh I want to do it, do you?

Lily Pad song, verse 4.

There's a little red snake playing in the water,
A little red snake doing what he oughter.
He frightened the duck and frog so bad,
He ate the little bug, and he said, "I'm glad
I'm little red snake playing in the water
Hiss, hiss, hiss."

Open Shut Them

Open shut them, open shut them
Give a little clap, clap, clap
Open shut them, open shut them
Put them in your lap, lap, lap
Creep them crawl them, creep them crawl them
Right up to your chin, chin, chin
Open wide you little mouth, but do not let them in

The Color I See

Red, red is the color I see
If you're wearing red then show it to me
Red, red, turn around
Turn around and then sit down.

Materials to Gather

Dramatic Play Center:

Provide red dress-up clothes for child, red doll clothes, red hats, purses, shoes, etc. Provide a full-length mirror. Add red table cloth to toy table if possible. Or red fake flowers for a table centerpiece. Red plastic foods.

Blocks Center:

Red toy cars, red traffic signs. Red fire trucks.
Red fireman's hat.

Suggested foods:

Cranberry juice
Tomatoes
Red apple slices
Cherry gelatin
Strawberry tarts
Cherry tarts
Bing cherries
Fresh strawberries

Projects:

Red playdough
Red bean bags
Red (and green, optional) pipe cleaners
Tissue paper, assorted colors
Red crepe paper to decorate trike
Red glitter, or red-dyed coarse salt
Red and green construction paper
Cardboard (posterboard or cereal box)
Glue
Red tempera paint
String
Wooden stringing beads toy or
Red yarn, large plastic canvas
Dried red beans
Toy kaleidoscope
Small mirror to fit inside a glass of water
Red fingerpaint
Fingerpaint paper (butcher paper works)
Smooth stones for painting

Discovery Tray:

A collection of things you can see through, and things you can't. Store in sturdy shallow plastic bin. Allow child to use only at the table under your supervision. Include: eye glasses, binoculars, fishbowl, clear plastic tumblers, magnifying glass, rocks, wood, metal, china, sturdy paper.

Red Week, Monday

Date: _____

7:00	Wake up. Go potty, wash hands. Get dressed, make bed.
7:30	Do Calendar activity and weather. Practice vocabulary words: Color, red, sun, bright, dull, light, dark, rainbow, reflection, shiny, glow. Teach "Color Fun"
7:45	Breakfast
8:00	Table Activities: Red playdough
8:15	Free Play: set out red props for Dramatic Play and Block Centers
9:45	Pick up toys. Go potty, wash up for snack
10:00	Snack
10:15	Outside time Toss Red bean bags
11:15	Project: Scribble paintings. Color hard with wax crayons on white paper. Then paint with thin red tempera. Let crayons bleed through.
12:00	Lunch. Go potty, read Red is for Apples. Sing color song to child.
1:00	Nap
3:00	Up from nap. Make bed, go potty, wash.
3:15	Snack
3:30	Outside time: Ride tricycle. Many are red. If yours isn't, perhaps decorate with red crepe paper streamers for this week. (weave through spokes of trike)
4:30	Return home
4:45	Project: bend red pipe cleaners into fun shapes and designs. Add red tissue paper if desired. Or make red tissue paper flowers and add green pipe cleaner stems
5:15	Clean up. Read a story, free play time
6:00	Dinner
6:30	Put away food, load dishwasher
7:00	Bath time. Get in Pajamas, read stories, or play a quiet game together
8:00	Bed.

Week Tuesday

Date: _____

7:00	Wake up, go potty. Get dressed, brush hair. Make bed.
7:30	Do Calendar activity. Practice vocabulary words. Teach “Little red snake”, review other songs and fingerplays.
7:45	Breakfast
8:00	Table Activities: Discovery box. Things you can see through, things you can’t.
8:15	Free Play
9:45	Pick up toys. Go potty, wash up for snack
10:00	Snack
10:15	Outside time. Play with bubble stuff. Can you see red in the bubbles? (Bubbles have rainbows in them, if the sun is behind you.)
11:15	Project: Help child spread a thick bead of glue along the letters “r e d” written boldly on red construction paper. Sprinkle red glitter or red-dyed coarse salt over glue. Allow to dry.
12:00	Lunch. Go potty, read a story, sing & cuddle
1:00	Nap
3:00	Up from nap. Make bed, go potty, wash.
3:15	Snack
3:30	Outside time
4:30	Return home, go potty, wash hands.
4:45	Project: Paint with red paint. Try using a piece of string dragged through red paint onto white paper. Or just use a brush.
5:15	Clean up. Read a story, free play time
6:00	Dinner
6:30	Put away food, load dishwasher
7:00	Bath time (Red tub crayons). Get in Pajamas, read stories, or play a quiet game together
8:00	Bed.

Week Wednesday

Date: _____

7:00	Wake up, go potty. Get dressed, brush hair. Make bed. Wear red Tee shirt.
7:30	Do Calendar activity. Practice vocabulary words. Teach “Open, shut them”. Review Color Fun and Lily Pad songs.
7:45	Breakfast
8:00	Table Activities: String red wooden beads on a shoelace. Or “sew” red yarn pieces through large-weave plastic canvas.
8:15	Free Play
9:45	Pick up toys. Go potty, wash up for snack
10:00	Snack
10:15	Outside time. Look for red things if you go for a walk. Red houses, mail boxes, stop signs, flowers, whatever is in your neighborhood.
11:15	Project: Tissue paper flowers. Wrap 2 inch square of tissue around the tip of a finger. Dip finger tip lightly in glue, then press to sky blue construction paper. Repeat, to create flower blossoms. Add green stems and leaves with marker or crayon. Optional: add yellow pompoms to flower centers.
12:00	Lunch. Go potty, read a story, sing & cuddle
1:00	Nap
3:00	Up from nap. Make bed, go potty, wash.
3:15	Snack
3:30	Outside time: Spray bottle fun. Fill a spray bottle with a fine mister with water. Spray water and look for rainbows in the spray (keep sun behind you). Spray water designs on the pavement, watch it dry and fade away.
4:30	Inside. Go potty, wash up.
4:45	Project: Use small bits of red construction paper, red tissue paper, red crepe paper, dry red beans to make a collage. Glue it to a solid background – try black construction paper. Dilute a little glue with some water, use a small paint brush, for easier collaging.
5:15	Clean up. Read a story, free play time
6:00	Dinner
6:30	Put away food, load dishwasher
7:00	Bath time. Get in Pajamas, read stories, or play a quiet game together
8:00	Bed.

Week Thursday

Date: _____

7:00	Wake up, go potty. Get dressed, brush hair. Wear something red. Make bed.
7:30	Do Calendar activity. Practice vocabulary words. Sing Color songs, practice “Open, shut them” finger play. Do “The color I see” poem.
7:45	Breakfast
8:00	Table Activities: Set a small mirror in a glass of water to create a rainbow. Look at the colors. What do you see? Play with a kaleidoscope. Color with crayons.
8:15	Free Play
9:45	Pick up toys. Go potty, wash up for snack
10:00	Snack
10:15	Outside time. Play red light, green light with your child.
11:15	Project: Red Apples. Cut a large apple shape from poster board or an empty cereal box. Help child rip red construction paper into smallish squares – about 1” big. Glue red squares all over the apple shape. Add torn green bits for a stem and a leaf.
12:00	Lunch. Go potty, read a story, sing & cuddle
1:00	Nap
3:00	Up from nap. Make bed, go potty, wash.
3:15	Snack
3:30	Outside time
4:30	Come in, go potty, wash up.
4:45	Project: Red Fingerprint.
5:15	Clean up. Read a story, free play time
6:00	Dinner
6:30	Put away food, load dishwasher
7:00	Bath time. Get in Pajamas, read stories, or play a quiet game together
8:00	Bed.

Week Friday

Date: _____

7:00	Wake up, go potty. Get dressed, brush hair. Make bed.
7:30	Do Calendar activity. Practice vocabulary words. Sing songs and fingerplays. Review favorites from other weeks.
7:45	Breakfast
8:00	Table Activities: Write with red ink pen or red marker. Play with red playdough again.
8:15	Free Play
9:45	Pick up toys. Go potty, wash up for snack
10:00	Snack
10:15	Outside time. Take red trucks to the sand box.
11:15	Project: printing. Cut sponges into shapes. Dip in red tempera paint, and press to white paper. Help child learn to press and lift, not scrub the sponge across paper. Can print a lot of paper if interested, to cut and use as place mats. For place mats, laminate decorated paper with clear contact paper to make waterproof.
12:00	Lunch. Go potty, read a story, sing & cuddle
1:00	Nap
3:00	Up from nap. Make bed, go potty, wash.
3:15	Snack
3:30	Outside time: draw with chalk on sidewalk. Draw "roads" for trike, if desired.
4:30	Inside, go potty, wash up.
4:45	Project: Ladybugs. Paint smooth stones with red tempera paint thickened with white glue. Allow to dry. Add black marker dots and heads. Use as napkin holders on the home-made placemats.
5:15	Clean up. Read a story, free play time
6:00	Dinner
6:30	Put away food, load dishwasher
7:00	Bath time. Get in Pajamas, read stories, or play a quiet game together
8:00	Bed.